

Introduction to CD25

How Mystical Traditions Reach People and How Their Efforts Bring Them Into the Healing Circle

In the Vedic tradition the purifying, understanding consciousness is called sattva-guna, or the mode of goodness, whereas the diseased consciousness is called raja-guna or the mode of passion. The self-destructive consciousness is called tama-guna, or the mode of ignorance.

Due to this clear distinction between the three modes of material nature, the OIDA Veda therapy chart shows three horizontal lines, of which only the mode of goodness reaches the healing circle.

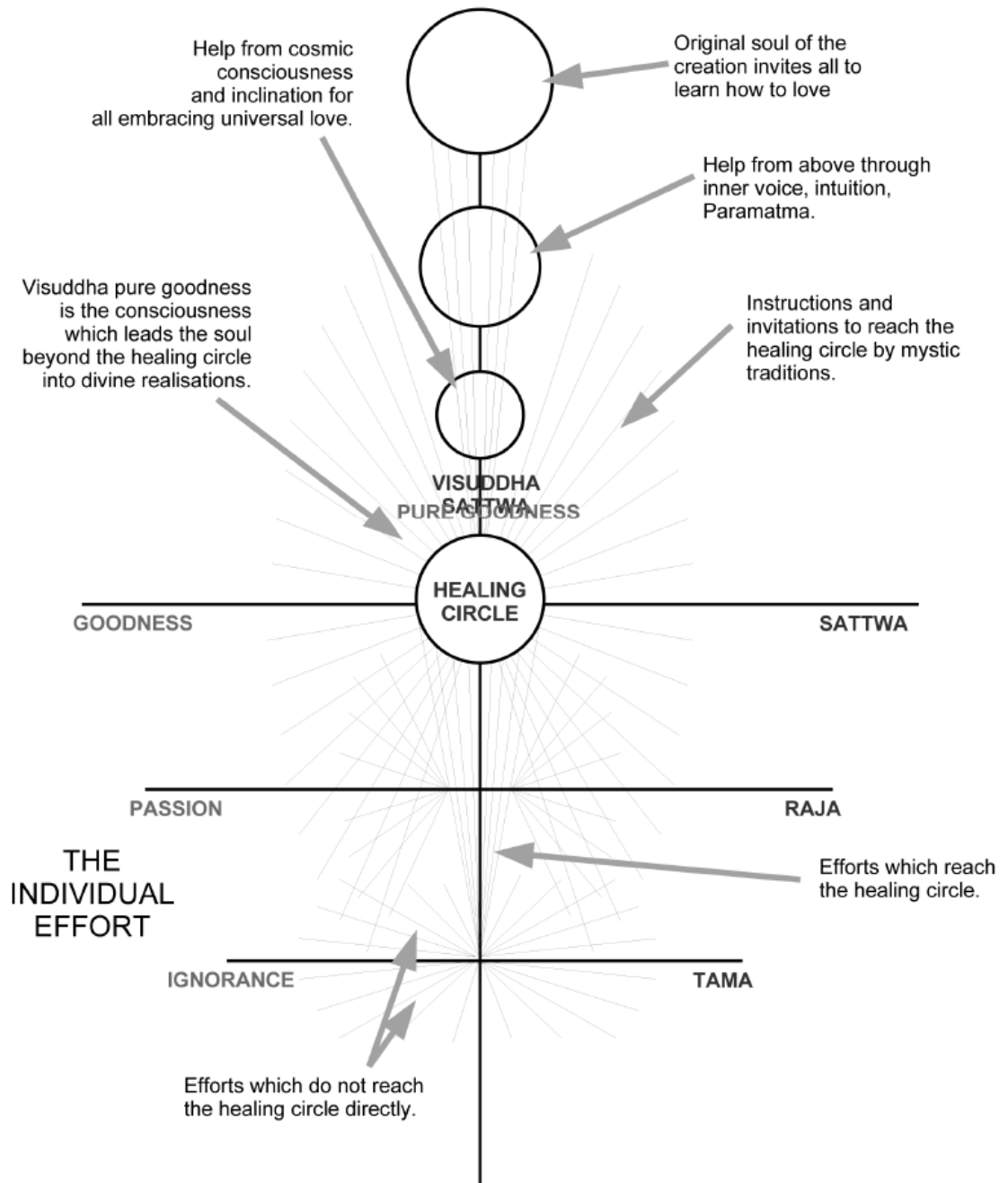
In the OIDA Veda charts you will also find three circles above the healing circle. They indicate different levels of spiritual realms one can obtain according to the invitation of the Vedas.

We will elaborate upon this in a different chart.

This chart also clarifies specific Vedic recommendations given to those in the mode of passion and ignorance, to give them an opportunity to reach the healing circle.

OIDA-therapy helps us see that science, common sense and the Vedic teachings coincide in their guidelines. They point the correct way to a healthy existence, as much as any other true teaching does. The important thing is that this must be supported by individual effort and descending grace.

CD-25 HOW DOES THE HELP OF THE MYSTICAL TRADITION REACH THE PEOPLE AND HOW DO THEIR EFFORTS REACH THE HEALING CIRCLE?

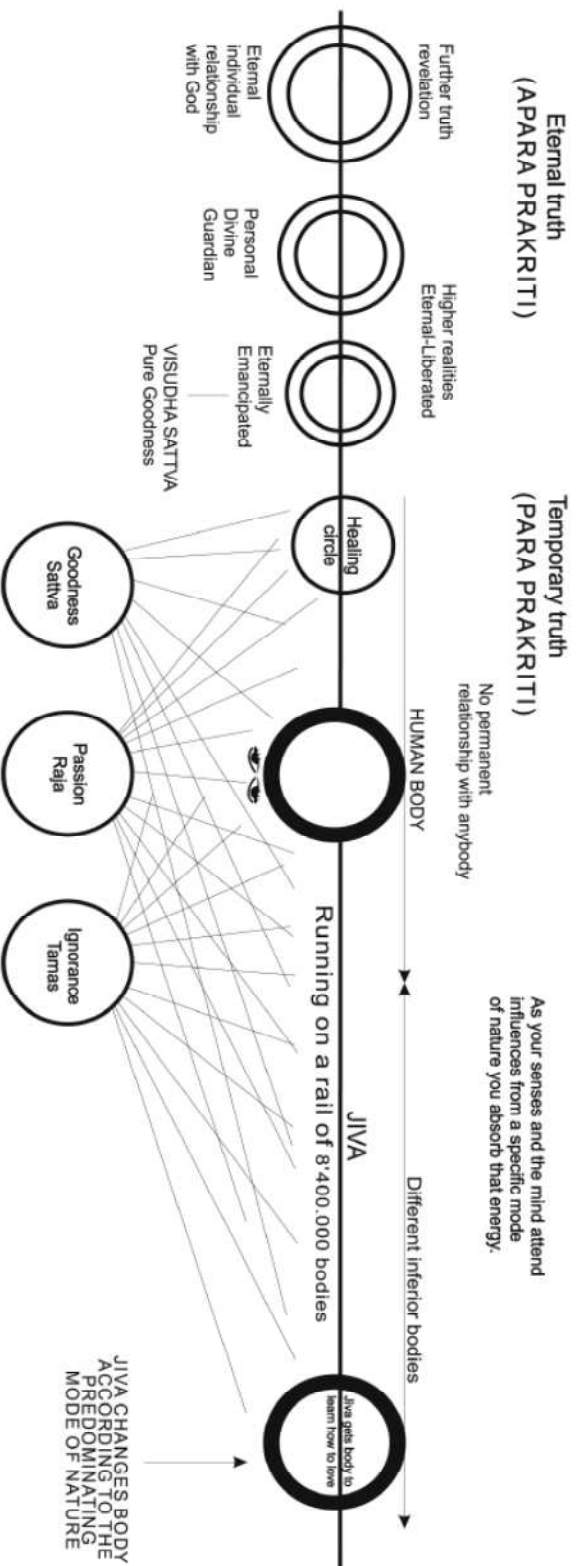


Introduction to CD26-29

Reincarnation Diagrams

The information transmitted in these four diagrams is very important, especially for those who have doubts as to whether reincarnation exists and want to know whether the Vedic tradition presents some clear concept about the process. The understanding of reincarnation is an essential part of OIDA Veda. The healing circle and the three modes of material nature exists in every life form, but especially in the human form of life the connection to higher realities becomes tangible. The reincarnation diagrams show the different levels of existence, and how the gross material body is really just a machine which is born and dies. These diagrams provide a nice visualization to support a lecturer with the intricacies of the problems of reincarnation. The diagram called “possible reincarnations” shows the different options existing among births. The diagram “Reincarnation, Karma, the Healing Circle and Sraddha” shows the relationship of Vedic cosmology with the understanding of reincarnation and shows how different types of faith condition us or connect us with the higher regions through the healing circle. ‘Reincarnation and Psychology’ shows clearly that the attempt to understand the phenomenon of life by observing the body and the mind of a person has no possibility to bring about clues about one’s condition. On the other hand, if you study the journey of an individual in the chart “Reincarnation and the Evolution of Consciousness” you can see that much takes place before and after our present life, and that there are opportunities to either go up or down in the process of reincarnation. That obviously increases the urgency to reach the Healing Circle in this lifetime and thus possibly understand and reach higher realities. As the three modes of material nature always exercise their influence on us, there is always the danger of losing sight of the goal.

CD-26 REINCARNATION AND THE EVOLUTION OF CONSCIOUSNESS UNDER THE INFLUENCE OF THE THREE MODES OF MATERIAL NATURE



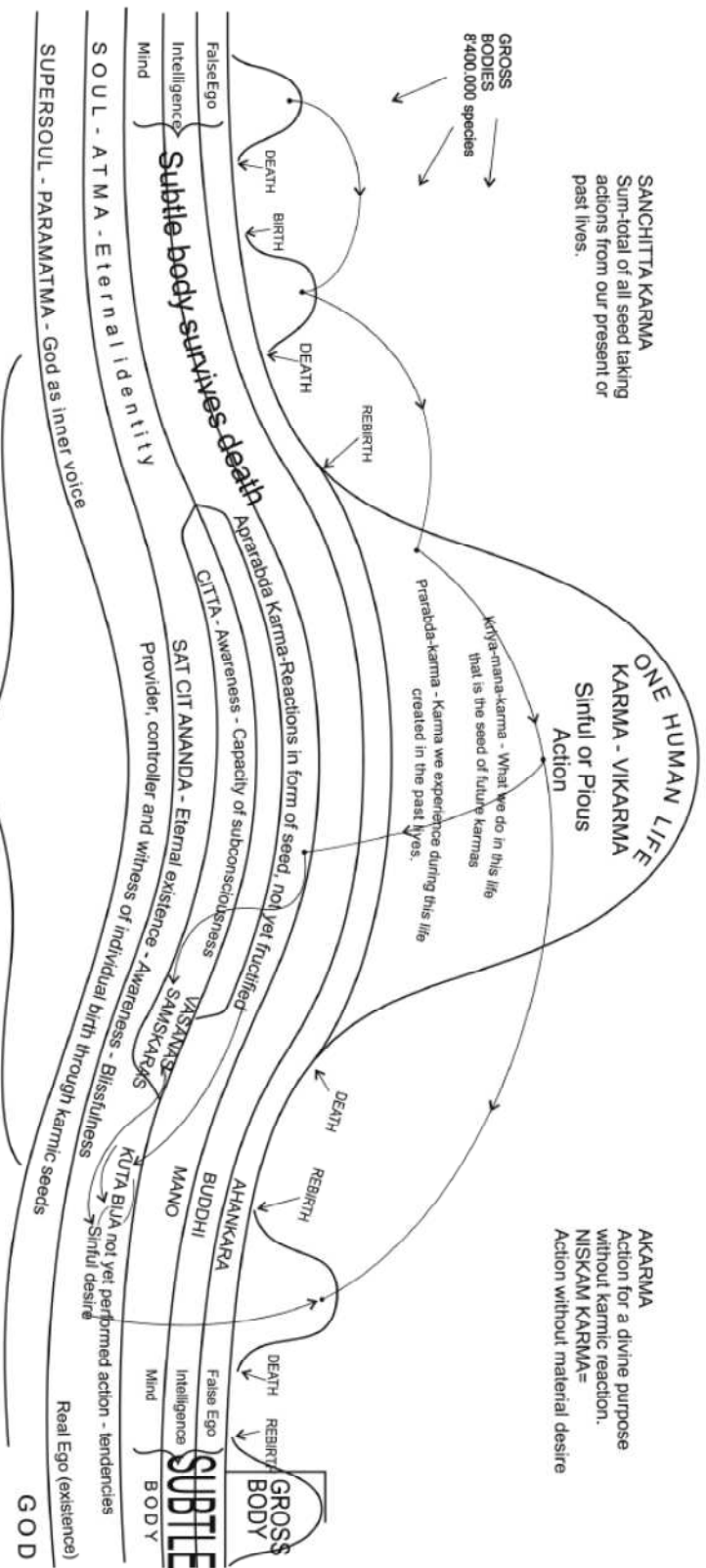
THE THREE MODES OF THE UNDERLYING PRINCIPLE

OIDA VEDA DIAGRAM

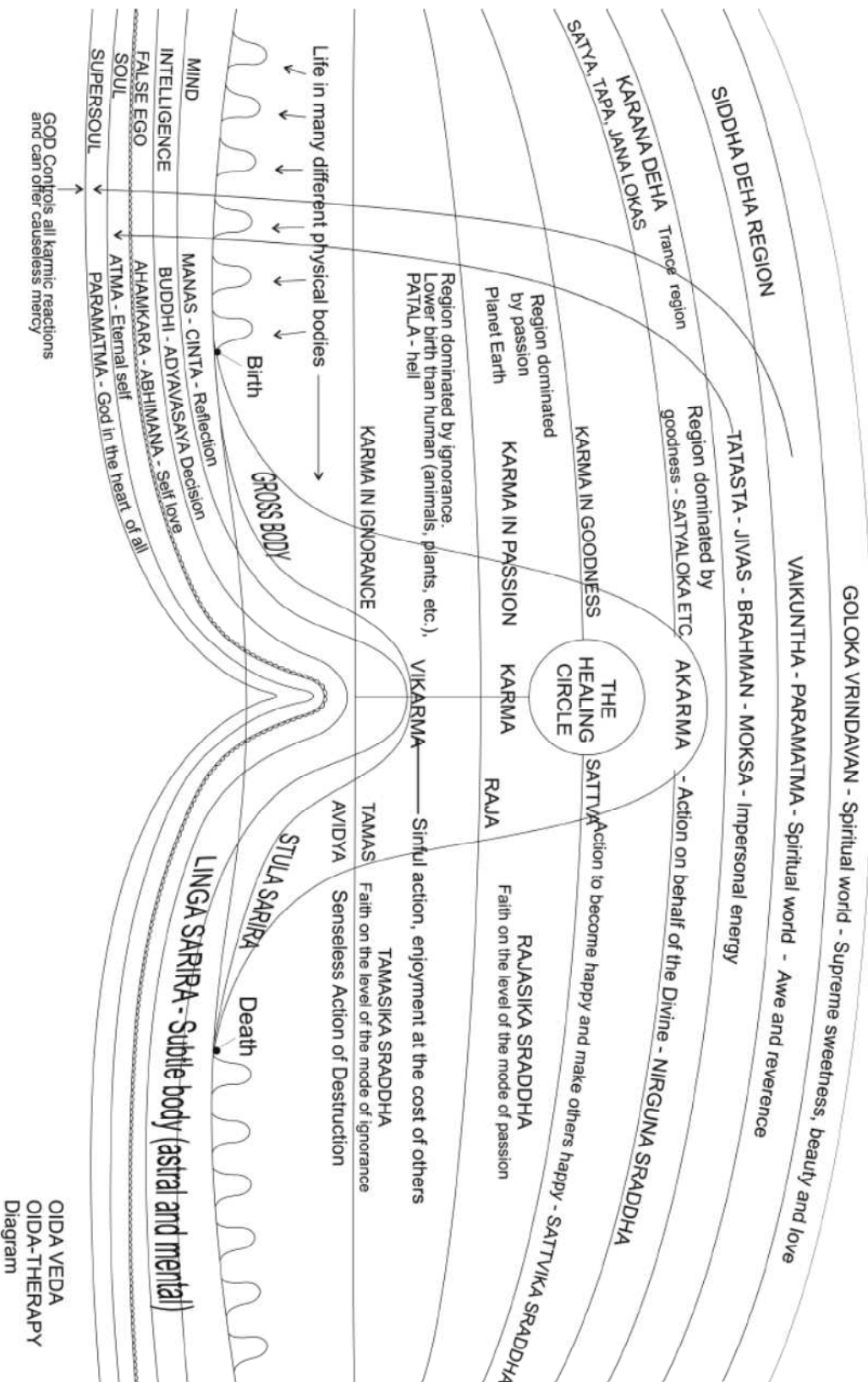
CD-27 REINCARNATION AND PSYCHOLOGY - THE WAYS KARMA ACCOMPANIES US-LIFE AFTER LIFE

"Whatever state of being one remembers when he quits his body, that state he will attain without fail." (Bhagavad Gita 8:4)

The WESTERN PSYCHOLOGY studies only the behavior of life in the gross body. It cannot explain where, how and why we are born and start differently in life. It's unproven statement is that life begins with an accident. What the egoistic impulses cannot tolerate, psychology is not able to cure, treating only with psychopharmaca.



CD-28 REINCARNATION, KARMA, THE HEALING CIRCLE AND SRADDHA - FAITH



CD-29 - THE POSSIBLE REINCARNATIONS

HOW IT WORKS?

Every desire is dominated by the strongest mode. The 8400,000 species are in the same situation. The heavenly, hellish planets, the ghost existence and the different bodies are coverings. Our past actions and the mode of nature determinate together the type of our next birth. Yet through the healing circle and by the grace of God (Paramatma), situated in our heart, we can enter any spiritual domain.

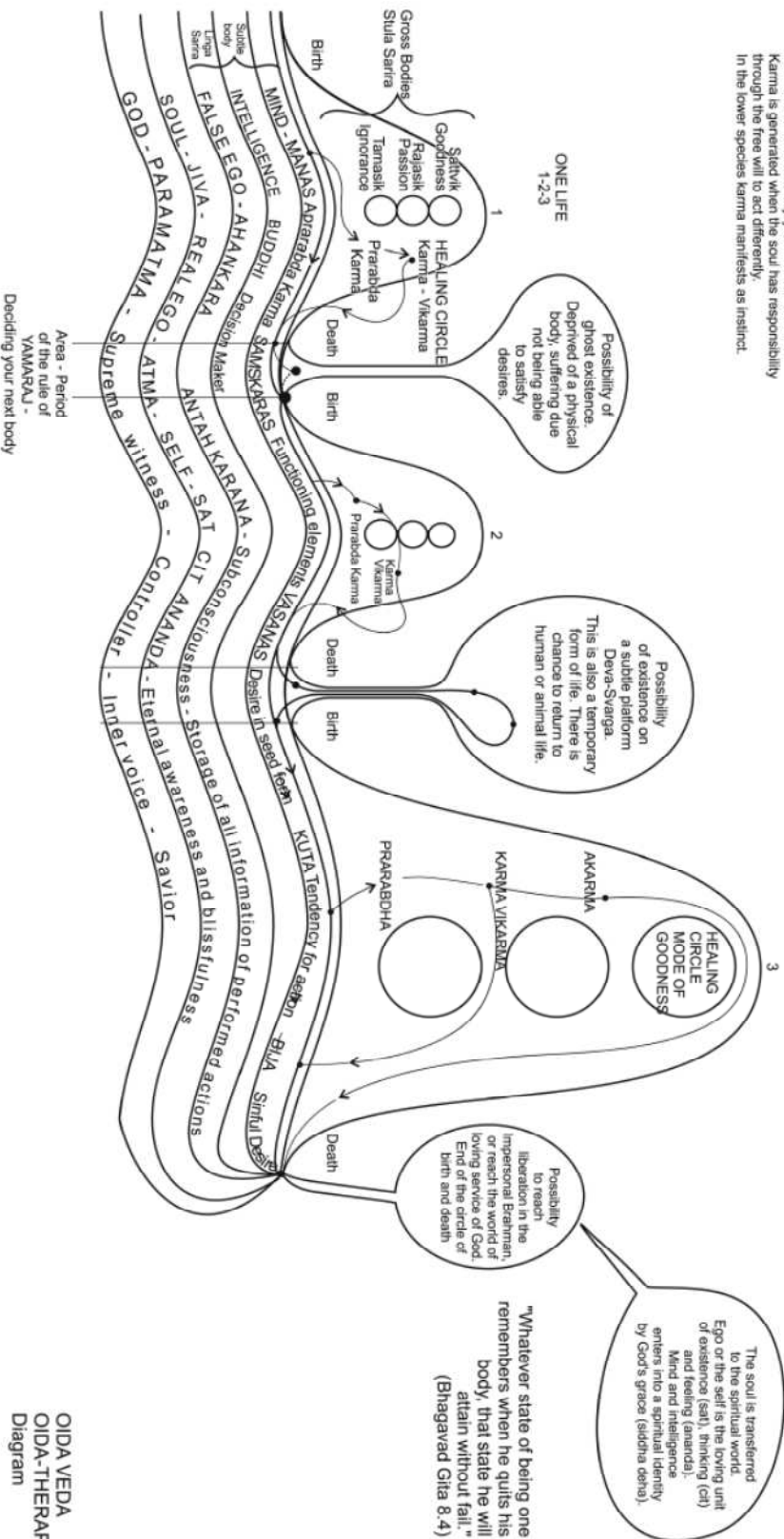
GROSS AND SUBTLE BODIES IN DIFFERENT LIVES - SAMSARA

Faith influences our actions which prepare our next destination. We can reach higher or even the eternal world or we can remain in the lower regions (like animals, plants, ghosts, humans etc.).

FORMS OF KARMA

APARABDA KARMA - reactions in seed form - not yet fructified.
 PARABDA KARMA - reactions manifested in our present body.
 KARMA - actions to uplift us - PUNYA - actions to counteract reactions
 VIKARMA - sinful activities
 KUTAMI - tendencies for actions not yet performed.
 BUA - sinful desires
 VASANAS - seeds of sinful desires.
 SAMSKARAS - subtle conditioning.
 AKARMA - actions on behalf of the Divine.

Karma is suffered and enjoyed in all forms of life. Karma is generated when the soul has responsibility through the free will to act differently. In the lower species karma manifests as instinct.





Introduction to CD30

OIDA Therapy in Relation to Vedic Cosmology

This chart offers us a relatively simple way to understand the parallel universes according to Vedic cosmology.

There is the material world, called mahat-tattva, or bahiranga shakti, and inside we see one large bowl, which is one universe. Within that universe we see another large bowl, which represents the individual under the covering of gross and subtle bodies. Visible within that bowl are three circles of the three modes of material nature and the healing circle of OIDA-therapy as a fourth one.

Surrounding the mahat-tattva is a spiritual world divided into two realms and an intermediate level, which divides matter from spirit.

The Vedas say that the material world represents one fourth of the creation, and the spiritual world, Vaikuntha represents three fourths. The individual soul can leave the confinement of the material world, when invited by the Supreme Lord. The Lord accompanies the soul in the journey through the material world as the Paramatma.

What happens to the soul all depends on the decision of the individual soul. Utilizing her free will she can reach the healing circle. Through yoga and jnana she can realize that she is not the material body. After that she can reach the level of "rahman, which is the effulgence of the spiritual world. The soul is there between the eternal world and the temporary manifestations.

Surrendering to the sweet will of God, the soul can reach Vaikuntha, the infinite world of love for God in divine reverence.

There are many Vaikuntha planets, and different incarnations descend from them into the material world to help.

The soul can even rise higher and reach the top of the spiritual world known as Goloka Vrindavan, the infinite world of beauty, sweetness and divine love. That is the domain of the loving pastimes of the divine masculine and feminine personalities, also known as Sri-Sri Radha Govinda. To reach that realm one has to take shelter of an associate, who is filled with prema-bhakti (pure loving attachment for God), in Raga-Marga (the path of spontaneous love for God).

GOLOKA VRINDAVAN

Domain of loving lila of the divine feminine and divine masculine personalities that are called Radha Govinda

Infinite world of love, beauty and divine sweetness

Vaikuntha
Infinite world of love in divine reverence

V

Antaranga Shakti
Spiritual World of Vaikuntha Planets

V

V

Vishnu
Loka and Avatars
Paramatma

Tatastha-shakti

The jiva, the individual soul comes from brahman and can surrender to God and rise into the spiritual world or descend into the material world and get covered by material bodies in the modes of nature

V

V

Brahma jyoti
Effulgence of God
Mahesh Dham
Sadashiva's Domain

V I B H A J A
Separation of matter and spirit

Healing Circle
Visuddha-sattva
Pure goodness

Three modes of material nature which condition the jiva in different bodies and circumstances

V

V

Sattva Guna - Goodness

Yoga

Raja Guna - Passion

Tama Guna - Ignorance

One Individual Consciousness Jiva

U

U

U

Atma
Paramatma
Lotus of the Heart

One Universe

14 planetary systems, the earth is in the middle portion

Bahiranga Shakti
Material World, Mahat tattva **U**niverses

U

V

When the jiva has material desires, Vishnu in the form of Paramatma accompanies the soul as inner guide

When the jiva is healed from egotism and surrenders to God, it rises to the spiritual world by the grace and control of God as Paramatma

V

Introduction to CD31

Relations in the Mundane and Spiritual Realms

In this chart we can understand that even living beings in diseased conditions cannot live without relationships. Relationships are supposed to be loving, but in the material world they become degraded as we move away from the healing circle.

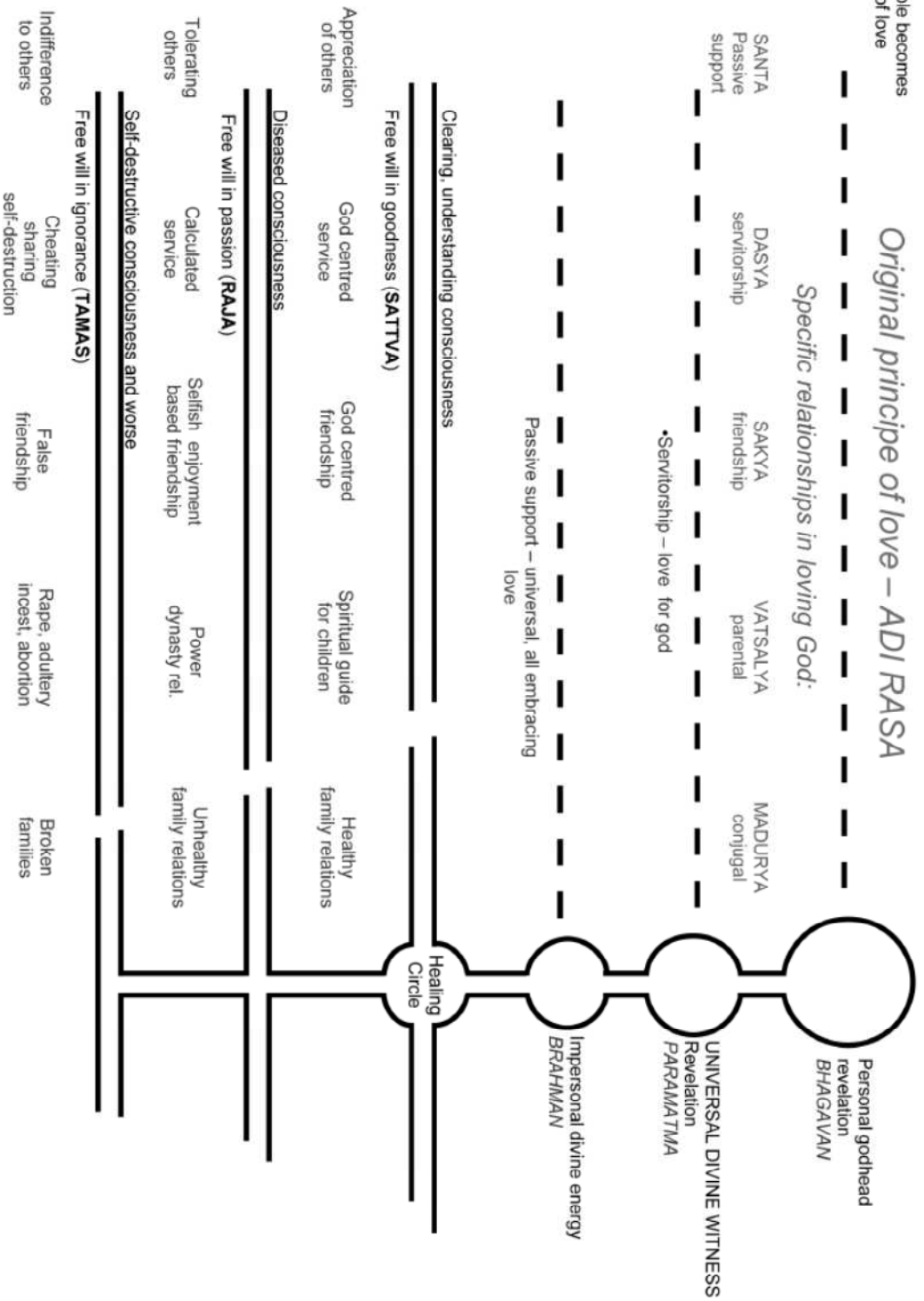
It is very interesting to note that within the impersonal divine energy nothing responds to our craving for relationships, which predominate our lives and activities both in the lower modes of nature as well as in the higher loving relationship with God.

This means that the original principle of love (adi rasa) is the prime medicine for the inner thirst of every soul.

The divine couple becomes the role model of love

Original principle of love – ADI RASA

Specific relationships in loving God:



Introduction to CD32-33

How Faith and Healing Are Inspired by Different Divine Manifestations

These charts try to collect information about different divine manifestations found in any particular mystic tradition.

It also reflects on the impact of these manifestations, or the influence that meditation upon them can bring about in the faithful devotees. These charts help us see that divinity can be perceived anywhere, approaching us in a favorable way.

There is an unlimited amount of divine help, and that is why some of the masters have taught that our surroundings are perfect; the only problem that exists is within us. Free will and our individual effort can either respond to these divine manifestations or ignore them. It is up to us. We have the inner potential to obey or rebel, to act as an angel or as a demon, to learn and grow, or to ignore and thus remain in ignorance. The Deva chart and the Avatar chart give additional information specifically about OIDA Veda traditions.

OIDA VEDA

CD-32 MANIFESTATIONS OF DIVINE POWERS ACCORDING TO OIDA VEDA - DEVAS

PROMINENT PERSONALITIES (DEVAS) AND THEIR FUNCTION TO SUPPORT, TEACH AND HEAL THE PEOPLE IN THIS WORLD

(DEVA CHART AND THEIR IMPACT ON HUMAN PSYCHOLOGY)

VISNU	The maintainer, guardian of all, legitimate controller, proprietor and enjoyer of all. Without him nothing can be done.
SUDARSAN	His weapon protects the righteous, shelter for those in goodness. Teaches us patience.
SIVA	Destroyer. Shelter for those in darkness. Greatest of all devotees. Grants boons easily. World teacher. Teaches us detachment.
BRAHMA	The creator of each universe. Shelter for those in the mode of passion. Protects the Vedic knowledge. Teaches austerity and to take responsibility. World teacher.
LAKSHMI	Goddess of fortune. Always favors her Lord, whose feet she never leaves. Helps us by engaging in the Lord's service.
SARASVATI	Goddess of learning, music and astrology. Teaches us that love is the highest, and to become studious.
PARVATI DURGA	Maya Sakti. The personification of illusion. Keeps rascals away from God in the material prison of selfish desires and thus indirectly promotes to go the right way (Dharma).
KALI	Her fierce form appears when someone disturbs devotees. Teaches us to search for liberation.
GANESH	Submissive servant, helps to overcome obstacles, writes Veda's down as a secretary. Teaches us to become humble – and that we are not this body.
KUVERA	Stands for pious investment and administration. Teaches us that richness shall not be misused.
INDRA	King of the heavenly planets. Example of failure through vanity and pride. Teaches us that everything is temporary.
VAYU	Lord of the wind, (fertilizes). Teaches us devotion like Hanuman.
AGNI	Lord of the fire. Accepts the offerings. Teaches us duality and sight.
SURYA	The sun, showing the way. Teaches us the light of devotion.
CHANDRA	The moon. Grows food. Teaches us calmness and the danger of intoxication.
BHUMI	Mother Earth. Goddess of the Earth. The holy soil, where the Lord incarnation protects us. Teaches us to take shelter of the Lord by her example.
VARUNA	Lord of the water. Maintains the liquids. Teaches us support and also taste, tongue and self control.
VISVA KARMA	Constructor of the devas. Protects devotional projects.
VASTU PURUSH	The Lord of space. Teaches us law and order.
MANU	Teaches us administration and rules of conduct in civilized society.
KALA	Time. Teaches us our existence and dependence.

All forces and elements we encounter in our life represent the supreme Lords's unlimited aspects and as the saying goes: "seeing is believing". Many people gain faith and higher consciousness by studying the stories and teachings from and about these powerful agents. Those who cannot believe or conceive these deities can still gain faith by seeing their power in action. That means the power manifested in the universal form of the Lord. In either case we do not need faith to see our utter dependence on the universal powers and energies.

OIDA VEDA

CD-33 MANIFESTATIONS OF DIVINE POWERS ACCORDING TO OIDA VEDA - AVATARS

DIVINE EXPANSIONS AND THEIR FUNCTION TO SUPPORT, TEACH AND HEAL THE PEOPLE IN THIS WORLD

(Avatars and their special messages for human development)

VASUDEVA	Guardian of the individual. Pure consciousness.
SANKARSANA	Creates and destroys. Teaches us to free ourselves from false ego. Guru or Siva.
PRADYUMNA	Maintainer of the Universe. Protector and owner of the intelligence. Worship of Brahma.
ANIRUDDHA	Ruler of the senses. Protects the mind from mental disturbances. For this purpose we can also worship the planet moon.
MATSYA	Saved the Vedas for humanity.
KURMA	Nothing can be done without God's nectar of immortality.
VARAHA	Kindness to mother Earth. Lessons to all asuras.
VAMANA	Value and power of Brahmanic culture. God's unlimited power.
NARASINGHA	Protection of the Lord – under any condition.
PARASURAMA	Kings and Politicians beware: you must be submissive to the truth and act as real guardian..
RAMA	Family values, protection against demons. Also shows the glory of bhakta Hanuman.
KRISHNA BALARAM	Love divine. To become spiritually educated and attached.
BUDDHA	Ahimsa – non-violence and against corruption.
KALKI	Universal justice, mercy and a new dawn of values.
CAITANYA MAHAPRABU	Process of self-realization for the present age.

The Vedas explain that the supreme creator and maintainer comes whenever necessary. Here is a list of some of the famous Dasa (ten) Avatars and primal expansions (Caturvuyha) and their impact and functions, to get an idea. It should be noted that there are as many incarnations of the Lord as waves in the ocean.

The Vedas always teach special aspects, to help us to have faith in His teachings and to love Him and all His children. He manifests the Vedic knowledge which He himself protects. He teaches from within our heart as the inner voice. We can reason and doubt. But the soul can only be seen in its manifestation of a conscious being, concerned with love, God and the truth.

CD-35 GUNA CHART

	SATTVA	RAJA	TAMA
Food	wholesome nutritious, juicy	hot, pungent, salty, spicy	pre-cooked, tasteless, leftovers, heavy
Qualities and characteristics	light, restful	abrupt, vivid interrupted	dull, lethargic
Family responsibility	putting one's family before oneself, loving	over protective, possessive	negligent, abusive, avoiding family duties
Austerity	performed with transcendental faith	performed out of pride or for the sake of gaining respect	penance performed out of foolishness or self torture
Charity	charity given out of duty without expecting anything	charity performed with the expectation of return or in a grudging mood	charity at improper time or to unworthy persons
Color	yellow	red	blue
Metal - Bound to the material energy	golden chain	copper chain	iron chain
Gunā Avatar	Viṣṇu	Brahma	Siva
Symptom	maintaining	creating	destroying
Work	scholarly, intellectual	politician, leader, land lord	labor – service to others
Relationship	caring, loving	businesslike	hypocritical, careless
Renunciation	for the sake of the Lord, not gain	troublesome renunciation	prescribed duties are neglected
Activities	performed without attachment	performed with great effort to gratify desires	performed in illusion or to harm others
Transmigrating according	reaching healing circle and understanding higher realities	attached to matter, reborn as human	irresponsible, makes him enter lower species at death
Worship	purification and service to God	for fame and gain	worship of ghosts
Determination	steadfastness	determination for material rewards	dreaming, lethargy, fear
Sacrifice	duty according to scriptures	for material benefit	once own health
Faith	worship of demigods	worship of demons	ghosts, spirits
Happiness	peacefulness, self control	heroism, determination	enjoys pain of others
Intelligence	sees what ought to be done or not	does not know, what should be done	under spell of illusion, darkness
Knowledge	sees all beings as one family	sees beings as separate units	attachments, no understanding of truth

Afterword

It has been a pleasure to work on the OIDA Therapy and on the OIDA Veda Therapy with a very dynamic group of contributors. I hope it was also beneficial for you to go through all the material we shared with you.

It is our intention to enthuse, to encourage and to heal others. This is a difficult world and we don't want to make it more difficult. If anything in these writings has made you feel upset or misunderstood we apologize. That was not our intention. " ut when you question the validity of institutionalized behavior it is easy that your intentions may be misunderstood.

There is a prominence of examples for healing based on the OIDA Veda therapy in this manual. " ut it is only when people who follow other mystical traditions discover the healing potential of OIDA Therapy for their own community that our purpose is fulfilled. Then we will gain more positive common ground on which we can communicate with each other.

We are all brothers and sisters in this world. And we should all try to contribute in one way or another to the welfare of others. The OIDA Therapy research group from the "house of wisdom", (la casa de la sabiduria) helped me with this manual. We are always trying to solve the problems in our work to help others, by finding the cause of the problem. In the same way we pray that OIDA Therapy, the perennial psychology might be utilized. " y shedding some light on the work of known spiritual thinkers, psychologists and scientists we hope that we were able to bring the conflicting sides closer to a common understanding. It is our wish that we can all work together for the benefit of everyone so that we may live in a safer and healthier world.

It is also our desire and hope that the true mystical traditions will come to the forefront and join us in our efforts. We don't really have time to spend on those individuals who are abusing their material positions or distorting mystical traditions. We know that they exist, but they themselves are victims of the contaminating force of egotism. " ut we wish to qualify as not being counted amongst them. Therefore we try to take shelter of the truth whether manifested in mystical traditions or in the truthful searchers.

Let us conclude these words with our prayer:

*"Dear Lord grant me the serenity to accept the things I can not change, courage to change the things I can, and wisdom to know the difference and please let me become
an instrument of your love."*

Introduction to CD34

OIDA-therapy General Mystic Tradition Identity Chart

This is an empty form, which has to be filled in according to any specific mystic tradition you may feel is missing in the presentation of OIDA-therapy. We have included some examples of this chart filled in with information about the main mystic traditions. Obviously in all mystic traditions, there is a great variety of subgroups and interpretations. It is not up to us to judge or discriminate against any one of them, except if they endorse mistreatment of others, or if they claim that the individuals are not responsible for what they are doing, or that saving grace is the monopoly of any particular group or person. OIDA-therapy wants to increase the power of discrimination in all those who want to strengthen their healthy faith. This chart will also appear on the OIDA blogs of each individual mystical tradition, so that the authorities of such mystic traditions can provide more information about their healing recommendations. This chart also helps us to make some basic comparative studies of mystic traditions. It can help us to become acquainted with other mystical traditions, and see their amazing similarities, as mystic traditions indicate to their faithful how to become healthier. And finally, this chart helps you to remember the basic tenets of your own mystical traditions even though much more guidance is obviously required for those who want to sincerely practice their recommendations. If any of our dear readers feel any objection to, or misrepresentation in what you read in this 'Identity chart', you are most welcome to visit us, so that we can post your comments on the blog. In the happy spirit of revitalizing faith in the higher reality, we offer this chart to you.

This chart can also be printed out from the OIDA homepage.

